

<div>Army Physical Fitness Test Scorecard</div> <div>For use of this form, see FM 21-20; the proponent agency is TRADOC</div>						NAME (LAST, FIRST MIDDLE)					
						SSN				GENDER	
						UNIT					
TEST ONE			TEST TWO			TEST THREE			TEST FOUR		
DATE	GRADE	AGE	DATE	GRADE	AGE	DATE	GRADE	AGE	DATE	GRADE	AGE
HEIGHT (IN INCHES)	BODY COMPOSITION		HEIGHT (IN INCHES)	BODY COMPOSITION		HEIGHT (IN INCHES)	BODY COMPOSITION		HEIGHT (IN INCHES)	BODY COMPOSITION	
	WEIGHT:	BODY FAT:		WEIGHT:	BODY FAT:		WEIGHT:	BODY FAT:		WEIGHT:	BODY FAT:
	<div><div></div> lbs</div> <div>GO / NO-GO</div> <div><input type="checkbox"/> <input type="checkbox"/></div>	<div><div></div> %</div> <div>GO / NO-GO</div> <div><input type="checkbox"/> <input type="checkbox"/></div>		<div><div></div> lbs</div> <div>GO / NO-GO</div> <div><input type="checkbox"/> <input type="checkbox"/></div>	<div><div></div> %</div> <div>GO / NO-GO</div> <div><input type="checkbox"/> <input type="checkbox"/></div>		<div><div></div> lbs</div> <div>GO / NO-GO</div> <div><input type="checkbox"/> <input type="checkbox"/></div>	<div><div></div> %</div> <div>GO / NO-GO</div> <div><input type="checkbox"/> <input type="checkbox"/></div>			
PU RAW SCORE	INITIALS	POINTS	PU RAW SCORE	INITIALS	POINTS	PU RAW SCORE	INITIALS	POINTS	PU RAW SCORE	INITIALS	POINTS
SU RAW SCORE	INITIALS	POINTS	SU RAW SCORE	INITIALS	POINTS	SU RAW SCORE	INITIALS	POINTS	SU RAW SCORE	INITIALS	POINTS
2MR RAW SCORE	INITIALS	POINTS	2MR RAW SCORE	INITIALS	POINTS	2MR RAW SCORE	INITIALS	POINTS	2MR RAW SCORE	INITIALS	POINTS
ALTERNATE AEROBIC EVENT EVENT _____		TOTAL POINTS	ALTERNATE AEROBIC EVENT EVENT _____		TOTAL POINTS	ALTERNATE AEROBIC EVENT EVENT _____		TOTAL POINTS	ALTERNATE AEROBIC EVENT EVENT _____		TOTAL POINTS
TIME _____			TIME _____			TIME _____			TIME _____		
GO <input type="checkbox"/> NO-GO <input type="checkbox"/>			GO <input type="checkbox"/> NO-GO <input type="checkbox"/>			GO <input type="checkbox"/> NO-GO <input type="checkbox"/>			GO <input type="checkbox"/> NO-GO <input type="checkbox"/>		
NCOIC/OIC SIGNATURE			NCOIC/OIC SIGNATURE			NCOIC/OIC SIGNATURE			NCOIC/OIC SIGNATURE		
COMMENTS			COMMENTS			COMMENTS			COMMENTS		
<div>SPECIAL INSTRUCTION: USE INK</div> <div>LEGEND: PU - PUSH UPS 2MR - 2 MILE RUN</div> <div> SU - SIT UPS APFT - ARMY PHYSICAL FITNESS TEST</div>						<div>Data Required by the Privacy Act of 1974</div> <div>Title DA form 705 Authority 5 USC Section 301 Disclosure of requested information is mandatory.</div> <div>Individuals not providing information cannot be rated/scored. The principal purpose and routine use of this information are to maintain a record of individual scores on physical fitness events.</div>					